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Comparison of transperitoneal and retroperitoneal approach for aortoiliac artery occlusive disease

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ABSTRACT

Objectives: This study aims to compare retroperitoneal and transperitoneal approaches in the surgical management of aortoiliac artery occlusive disease and evaluate the advantages and disadvantages of both techniques.

Patients and methods: Between January 2005 and May 2013, a total of 125 patients (116 males, 9 females; mean age 60.9 years; range, 24 to 79 years) with aortoiliac artery occlusive disease were retrospectively analyzed. The patients were classified according to the paramedian incision in the retroperitoneal (n=84) and midline incision in the transperitoneal (n=41) surgical techniques. All patients were examined pre- and postoperatively for the ankle-brachial index (ABI), laboratory blood tests, type of anesthesia, length of hospital and intensive care unit (ICU) stay, amount of blood transfusion oral intake starting time, revision, extra-revascularization need, comorbidities, and mortality.

Results: In the retroperitoneal technique, oral intake starting time (p<0.001), length of ICU (p<0.001) and hospital stay (p<0.001) were shorter, and the amount of blood transfusion (p<0.007) was lower, compared to the transperitoneal technique. The patients who underwent one-side revascularization in the retroperitoneal group had epidural anesthesia (n=10). There was no significant difference in the mortality, revision, and the need for extra revascularization rates between the groups.

Conclusion: Paramedian incision and retroperitoneal surgical technique in aortoiliac occlusive management is effective and safe and can be done for unilateral extremities under epidural anesthesia.

Keywords: Aortoiliac occlusive disease, median incision, paramedian incision, retroperitoneal technique, transperitoneal technique.

Atherosclerosis is a common disease all over the world and leads to different types of cardiovascular problems, being the most common cause of death. Modern technology of pharmaceutical manufacturing, surgical equipment, and techniques have played a dramatic role in the treatment of such diseases; however, the morbidity and mortality rates are still high, mainly in less developed countries. Currently, different surgical approaches are used to treat this type of vascular disease. Earlier, transperitoneal approach with a midline incision was the most commonly used technique; however, later on, retroperitoneal surgical technique with a paramedian incision, endovascular intervention, and laparoscopic grafting techniques started to take place in the management. [2-4]

In recent years, laparoscopic aortobifemoral bypass grafting has been used in the management of aortofemoral artery occlusive disease as a minimally invasive surgical approach, although there is still no study directly comparing laparoscopic aortobifemoral bypass with endovascular treatment for extensive

aortoiliac occlusive disease.^[5,6] In the present study, we aimed to compare retroperitoneal and transperitoneal approaches in aortoiliac occlusive diseases and to evaluate the advantages and disadvantages of each technique.

PATIENTS AND METHODS

This retrospective study included a total of 125 patients (116 males, 9 females; mean age 60.9 years; range, 24 to 79 years) with aortoiliac artery occlusive disease between January 2005 and May 2013. Surgical interventions were performed in all patients according to the criteria of the

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Trans-Atlantic Inter-Society Consensus II (TASC-II)^[7] and only the patients who had ischemic pain, ischemic ulcers, risk of losing extremity, and whose life quality was adversely affected underwent operation (TASC-II C or D).^[7,8] A total of 84 patients were operated by a paramedian incision and retroperitoneal (Group 1), while 41 patients were operated with a midline and transperitoneal approach (Group 2). All patients were examined pre- and postoperatively for the ankle-brachial index (ABI), laboratory blood tests, type of anesthesia, length of hospital and intensive care unit (ICU) stay, amount of blood transfusion oral intake starting time, revision, extra-revascularization need, comorbidities, and mortality.

A written informed consent was obtained from each patient. The study protocol was approved by Pamukkale University, Faculty of Medicine, Ethics Committee (No. 366192). The study was conducted in accordance with the principles of the Declaration of Helsinki.

Surgical technique

The decision of which surgical technique to be used was made based on the patient's general condition, his/her history of previous abdominal surgeries, and the surgeon's discretion. There were no strict criteria for the decision process.

General anesthesia was given to all patients, except for 10 who received epidural anesthesia according to the high risk or upon their request. They were all from the retroperitoneal group and operated for unilateral revascularization.

Retroperitoneal aortoiliac/aortobifemoral bypass with a paramedian incision:

A paramedian and vertical incision was done, in about 6 cm far from the midline and about 7 to 8 cm in length, starting few cm above the umbilicus downward to the suprapubic level (Figure 1). The anterior rectus sheet and, then, external abdominal muscle were opened at the external side, while the posterior rectus sheet was opened at its semilunar line. All abdominal wall layers were opened, except for the peritoneum (i.e., skin, subcutaneous tissue, superficial fascia, external, then, internal oblique muscle, transversus abdominis muscle, transversalis fascia, and preperitoneal adipose). After retroperitoneal space was reached, dissection was done toward the abdominal aorta and iliac arteries, and the contralateral iliac artery was reached retroperitoneally. In case of aortofemoral bypass, the femoral artery was reached via a tunnel retroperitoneally to the femoral region which was prepared priorly. The anastomosis was done in the same fashion.



Figure 1. Right sided paramedian retroperitoneal laparotomy and right sided femoral incision for unilateral aortofemoral bypass grafting.



Figure 2. Midline transperitoneal laparotomy and bifemoral incisions for aortobifemoral bypass grafting.

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Transperitoneal aortobiiliac/aortobifemoral bypass with a midline incision:

Laparotomy was done at the midline starting from the lower border of xiphoid bone toward the lower part of the umbilicus (Figure 2). The abdominal cavity was opened through the peritoneum. The left transverse colon was pulled upward, while the small intestine was pulled to the right side by sterile wet compresses. A gentle dissection and release were done to the abdominal aorta up to renal arteries and downward to the distal iliac arteries. Anticoagulant (heparin) was given at a dose of 1 mg/kg to maintain the activated clotting time (ACT) at 250 to 350 sec. Crossclamping was applied at the proximal abdominal

aorta below the renal arteries level. The 'Y' shaped Dacron® (JOTEC-Germany) grafts (16/8 mm) were used for aortoiliac or aortobifemoral replacements, while polytetrafluoroethylene grafts were used for femoropopliteal bypass grafting. Longitudinal arteriotomy was done to the aorta and end-to-side anastomosis was achieved by 3/0 or 4/0 polypropylene sutures. Then, cross-clamps were applied to the iliac arteries and released from the abdominal aorta. The legs of the graft were anastomosed to the iliac arteries in an end-to-side fashion by 5/0 polypropylene sutures. In aortobifemoral bypass grafting, the legs of the graft were anastomosed to the common femoral arteries which were exposed through the femoral region incisions priorly.

Table 1 Baseline demographic and clinical data of patients						
		Surgical technique				
	Group 1 (n=84)	Group 2 (n=41)	Total (n=125)			
	n	n	n	P		
Sex				0.269		
Male	76	40	116			
Female	8	1	9			
Hypertension	32	16	48	0.920		
Diabetes mellitus	24	10	34	0.620		
Chronic renal failure	14	6	20	0.771		
Cigarette	55	29	84	0.557		
Chronic obstructive pulmonary disease	28	20	48	0.095		
Hyperlipidemia	34	18	52	0.715		
Revision	11	6	17	0.814		
Mortality	4	0	4	0.302		
Anesthesia				0.030		
General anesthesia	74	41	115			
Epidural	10	0	10			
Revascularization type				< 0.001		
Aortofemoral	46	3	49 52			
Aortobifemoral Iliofemoral	18 18	35 0	53 18			
Aortoiliac	2	3	5			
Coronary artery disease	_	, and the second	J	0.649		
Coronary artery bypass grafting	10	6	16	0.047		
Medical treatment	28	17	45			
Stent	3	2	5			
Additional operation				0.081		
Femoropopliteal	19	8	27			
Bilateral femoropopliteal	2	5	7			

Statistical analysis

Statistical analysis was performed using the PASW version 17.0 software (SPSS Inc., Chicago, IL, USA). Continuous variables were expressed in mean and \pm standard deviation (SD) or median (min-max), while categorical variables were expressed in number and frequency. The chi-square test was used to analyze categorical variables, while the Student t-test was used to analyze continuous variables between the

groups. The repeated-measures t-test was performed to compare pre- and postoperative variables. A *p* value of <0.05 was considered statistically significant.

RESULTS

Only 10 patients in Group 1 were operated under epidural anesthesia, while the other 115 were operated under general anesthesia. Twenty-one patients from

	Table 2 Pre- and postoperative d	ata		
	Surgical technique	n	Mean±SD	Þ
Age (year)	Group 1	84	61.2±9.7	0.597
	Group 2	41	60.3±9.5	
Intensive care unit (day)	Group 1	84	0.8±1.0	<0.001
	Group 2	41	2.0±1.3	
Hospitalization (day)	Group 1	84	6.9±4.1	.0.001
	Group 2	41	11.2±5.8	<0.001
Follow-up (month)	Group 1	80	24.3±11.1	0.841
	Group 2	41	24.7±9.6	0.041
Glucose (mg/dL)	Group 1	84	121.8±48.2	0.372
	Group 2	41	130.5±56.1	0.372
Preoperative Hb (gr/dL)	Group 1	84	13.3±1.6	0.508
	Group 2	41	13.1±1.8	0.308
Postoperative Hb (gr/dL)	Group 1	84	11.1±1.4	0.100
	Group 2	41	13.5±16.3	0.180
Preoperative Hct (%)	Group 1	84	39.4±4.5	0.649
	Group 2	41	39.0±5.4	
Postoperative Hct (%)	Group 1	84	36.3±32.4	0.503
	Group 2	41	32.9±2.8	
Preoperative creatinine (mg/dL)	Group 1	84	1.0±0.5	0.250
	Group 2	41	0.9 ± 0.2	0.359
Postoperative creatinine (mg/dL)	Group 1	84	1.2±0.9	0.423
	Group 2	41	1.0±0.4	0.423
Preoperative ankle-brachial index	Group 1	84	0.5 ± 0.1	0.537
	Group 2	41	0.5 ± 0.1	0.557
Postoperative ankle-brachial index	Group 1	84	1.0±0.1	0.071
	Group 2	41	0.9 ± 0.2	0.071
Oral intake (day)	Group 1	84	1.2±0.5	< 0.001
	Group 2	41	1.8±0.8	<0.001
Blood transfusion (unit)	Group 1	84	1.3±1.8	0.007
	Group 2	41	2.3±2.1	
SD: Standard deviation; Hb: Hemoglobin; Ho	et: Hematocrit.			

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the retroperitoneal group needed an extra operation for peripheral arterial occlusive diseases such as femoropopliteal bypass grafting, while 11 patients needed to be taken to the operating room once again for exploration due to bleeding or early graft occlusion or distal thromboembolism.

The postoperative mortality was seen only in Group 1 (n=4). The main type of revascularization was aortofemoral bypass grafting, mainly in Group 1 (n=46), while a higher number of patients

needed aortobifemoral bypass grafting in Group 2 (n=35). Iliofemoral bypass grafting was done only in Group 1 (n=18). Baseline demographic and clinical characteristic of the patients are summarized in Table 1.

The retroperitoneal approach with a paramedian incision showed superiority to the transperitoneal approach with a median incision in terms of the length of ICU stay (p<0.001) and hospital stay (p<0.001). The mean length of ICU stay was 0.78±1 days in Group 1 and 2.0±1.3 days in Group 2. The mean

Table 3 Pre- and postoperative data according to surgical incision in patients undergoing bilateral revascularization						
	Surgical technique	n	Mean±SD	Þ		
Age (year)	Paramedian incision	18	62.3±8.9	0.266		
	Median incision	35	59.2±9.6			
Hospitalization (day)	Paramedian incision	18	5.39±1.6	<0.001		
	Median incision	35	11.4±6.1			
Intensive care unit (day)	Paramedian incision	18	0.6±0.9	0.001		
	Median incision	35	2.1±1.4	<0.001		
Blood transfusion (unit)	Paramedian incision	18	0.7±0.9	2 224		
	Median incision	35	2.4±2.2	<0.001		
Preoperative Hb (gr/dL)	Paramedian incision	18	13.3±1.9	0.502		
	Median incision	35	13.0±1.7	0.583		
Postoperative Hb (gr/dL)	Paramedian incision	18	11.4±1.7	0.557		
	Median incision	35	13.9±17.6			
Preoperative Hct (%)	Paramedian incision	18	39.5±5.1	0.555		
	Median incision	35	38.6±5.2			
Postoperative Hct (%)	Paramedian incision	18	33.5±4.2	0.467		
	Median incision	35	32.7±2.5			
Glucose (mg/dL)	Paramedian incision	18	107.9±27.7	0.057		
	Median incision	35	130.8±58.2			
Preoperative creatinine (mg/dL)	Paramedian incision	18	1.1±0.9	0.151		
	Median incision	35	0.9 ± 0.2	0.151		
Postoperative creatinine (mg/dL)	Paramedian incision	18	1.2±0.8	0.457		
	Median incision	35	1.0±0.4			
Preoperative ankle-brachial index	Paramedian incision	18	0.5±0.1	0.201		
	Median incision	35	0.5±0.1	0.301		
Postoperative ankle-brachial index	Paramedian incision	18	1.0±0.1	0.140		
	Median incision	35	0.9 ± 0.2			
Oral intake (day)	Paramedian incision	18	1.3±0.6	0.022		
	Median incision	35	1.8±0.8	0.033		
SD: Standard deviation; Hb: Hemoglobin; He	ct: Hematocrit.					

length of hospital stay was 6.8±4.0 days in Group 1 and 11.1±5.8 days in Group 2. The mean oral intake starting time was earlier in Group 1 than Group 2 (1.2±0.5 days vs. 1.76±0.7 days, respectively; p<0.001). The mean amount of blood transfusion was also lower in Group 1 than Group 2 (1.26 U vs. 2.27 U, respectively; p<0.007) (Table 2).

Revascularization type and operations varied among the patients according to the occlusion site. Aortobifemoral bypass grafting were mostly done with a median incision and transperitoneal approach (n=35) and only 18 patients were operated for the same lesion type by the other technique. All iliofemoral bypass grafting procedures (n=18) were done with a paramedian retroperitoneal approach.

When the patients needed extra-revascularization operation for more distal lesions, the extra-grafting bypass operations were done in the same session. There were 19 patients from the retroperitoneal group and eight patients from the transperitoneal group who were operated with unilateral femoropopliteal grafting bypass, while two from the retroperitoneal group and five from the transperitoneal group were operated with bilateral femoropopliteal grafting bypass. Seventeen patients were taken to the operation room postoperatively for revision due to bleeding or early graft occlusion. Eight of them were operated before with a retroperitoneal approach and nine patients were operated with a transperitoneal approach. The reasons for revision was bleeding, mostly from the site of anastomosis.

Mortality was seen only in the retroperitoneal group where four patients (3%) died postoperatively, three of them were operated with a paramedian aortofemoral and one with aortobifemoral grafting bypass. The causes of mortality were severe pulmonary disease (n=2), myocardial infarction (n=1), and resistant metabolic acidosis (n=1). There was no statistically significant difference in the mortality rate between the two groups (p=0.302). In addition, there was no significant difference in the other measurements including laboratory testing (Hg p=0.180, Hct % p=0.503, creatinine p=0.423) and ABI (p=0.071) (Table 2).

In the subgroup analyses, the incision type and unilateral and bilateral revascularization methods were examined separately. In this study, patients who underwent unilateral revascularization with a paramedian incision were compared with those who underwent unilateral revascularization with a median incision. Accordingly, paramedian incision did not provide a significant superiority to the median incision in unilateral revascularization. On the other hand, after the comparison of the patients who underwent bilateral revascularization with a paramedian incision with those who underwent bilateral revascularization with a median incision, the length of ICU and hospital stay, starting time of oral food intake, and the amount of blood transfusion were found to be statistically significantly superior in favor of the retroperitoneal technique with a paramedian incision (Table 3).

DISCUSSION

Currently, cardiovascular diseases are the leading cause of death worldwide. Over the past two decades, the mortality from cardiovascular disease has decreased in developed countries, while it still high in less developed ones. [1,9] Recent technology has played a key role in the development of treatment modalities. In the past, aortoiliac occlusive artery disease was primarily treated by transperitoneal laparotomy with a midline incision using vascular grafts, while it can be treated nowadays using novel methods of endovascular intervention techniques or by a paramedian incision and retroperitoneal technique.

In our study, the male-to-female ratio was 12.9:1. The reason for this distinct prevalence difference compared to the literature data can be attributed to our small sample size. In addition, elderly women living in the conservative region where the study was conducted were usually not active and remained asymptomatic, and the number of health institutions in this region is high. Also, the peripheral arterial revascularization operations performed in external centers were not included in this study.

In the present study, two patient groups who underwent revascularization for aortoiliac occlusive diseases were evaluated. We compared the ABI, glucose, hemoglobin, hematocrit, and serum creatinine levels pre- and postoperatively. Comorbidities of the patients, the need for blood transfusion, the length of stay in ICU and hospital, starting time for oral intake, and follow-up periods were examined. Risk factors for morbidity were also assessed. As it is well known, atherosclerosis is one of the risk factors of peripheral arterial disease. Diseases caused by atherosclerosis such as myocardial infarction, stroke, aortic, and lower extremity vascular disease are the

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most important causes of mortality and morbidity in developed countries. Risk factors such as the use of tobacco products, dyslipidemia, hypertension, and diabetes mellitus increase the risk of atherosclerosis, leading to a more complicated course of clinical conditions due to atherosclerosis. [10-12] In our study, we found no significant relationship between any variable and the surgical technique used. The main findings of this study are that the mean oral intake starting time and length of ICU (p<0.001) and hospital stay were shorter, and the amount of blood transfusion was lower in the retroperitoneal technique, compared to the transperitoneal technique.

In a study comparing retroperitoneal versus transperitoneal approach in revascularization of aortoiliac artery occlusive patients, Sicard et al.[13] reported similar results. The amount of intraoperative blood loss significantly increased (p<0.001) and the postoperative oral intake starting time was longer (p<0.001) in the transperitoneal technique, while the length of stay in the hospital was shorter (p<0.02) in retroperitoneal technique. Similar results were also reported in other studies, [14,15] consistent with our findings. In another study which was done by Kalko et al., [16] similar results were reported. In this study, 153 patients were included and 85 of them were operated with a transperitoneal approach, while 68 with a retroperitoneal approach for aortoiliac artery occlusion. The mean oral intake starting time was also shorter in the retroperitoneal approach in this study (p<0.001).

In cases where aortoiliac occlusion is accompanied by femoropopliteal occlusion, it is a matter of debate whether revascularization should be done for both aortoiliac and femoropopliteal occlusions or it is enough to do it for aortoiliac occlusion alone. It has been supported in many publications that if the blood flow of a deep femoral artery (DFA) is sufficient, peripheral arterial revascularization is not required. [17] The cornerstone for peripheral arterial revascularization decision is the flow of DFA. Recently, hybrid interventions have also started to take place in the treatment of peripheral arterial occlusive diseases.^[18] In a study conducted by Madiba et al.,^[19] 984 lower extremities of 492 patients were evaluated. All patients underwent aortobifemoral graft bypass operation due to aortoiliac artery occlusion disease. A total of 123 extremities of the superficial femoral artery were found to be patent, while it was occluded in 861 extremities. The effect of the patent DFA as runoff was investigated. Five-year patency rate was 80% in the extremities with the occluded superficial femoral artery and 87% in the extremities with the patent superficial femoral arteries. The main finding of this study is that, when DFA is patent the development of collateral arteries to the popliteotibial artery is high so, there is no need for distal revascularization. [19]

In our study, additional interventions were applied only to the patients with advanced peripheral arterial disease. Intermittent claudication alone was not considered as an indication for distal revascularization. In our clinic, in case of aortoiliac occlusive disease associated with peripheral arterial occlusions, the decision to perform extra-revascularization to the peripheral vessels depends on the flow of the DFA and whether there are signs of acute ischemia or non-healing ischemic wounds distally. Considering the possible relationship between reoperation and surgical technique, no significant difference was found between the techniques used in this study.

Furthermore, there was no significant difference in the follow-up duration between the two techniques. The prolonged follow-up was mainly due to the causes of acute circulatory disorders (i.e., thromboembolism) or to the situations in which complete revascularization was not achieved in the first operation. In our study, mortality was seen only in Group 1 (n=4, 3%), indicating no statistically significant difference. This may be related to the number of patients in each group.

Considering the difficulties of the surgical techniques, the surgical field was limited in Group 1 compared to Group 2. In general, there was a need for one more assistant specialist in Group 1 to help in retracting the nearby organs and tissues to achieve a better surgical field for the primary surgeon. In aortobifemoral or aortobiiliac operations, extending the femoral/iliac graft to the contralateral side was difficult, as well. At the same time, it is safer with less possibility of intestinal injury.^[20] In Group 2, there were difficulties in operating abdomens with adhesions due to previous surgeries or inflammatory processes, resulting in incisional hernia, evisceration, peritonitis, and long-lasting ileus.^[21]

The main limitation to this study is that the number of transperitoneal group patients may have affected the study results. The retrospective nature of the study is also another limitation. Further large-scale, long-term, prospective studies are needed to confirm these results.

In conclusion, retroperitoneal approach with a paramedian incision in treating aortoiliac artery occlusive disease seems to be superior to the transperitoneal approach with a median incision with less blood transfusion, shorter ICU and hospital stay, and earlier start of oral intake.

Declaration of conflicting interests

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